

# Grant County Health District - Personal Health Division

## COMMUNITY PUBLIC HEALTH SERVICES HEALTH PROMOTION, ASSESSMENT, PREPAREDNESS

Quarterly Report, 1st Quarter 2009  
Grant County Board of Health, May, 2009

### Staffing as of 3/31/09 (excluding management)

Total FTE in Division	7.7
Public Health Nurses - 2.4	
One vacant nursing position	
Total Staff in Division	9

### MATERNAL-CHILD HEALTH PROGRAMS

#### Goal: Improve health for the following populations:

- Maternal, Infant, and "other family" individuals and groups
- Child and Adolescent individuals and groups
- Children with Special Healthcare Needs (CSHCN)

#### Objectives:

##### 1. Build infrastructure for improving maternal-child health through:

###### A. Reporting assessment information regarding MCH issues.

National Children's Study (NCS) preparations - study to be delayed until 2010.

NCS challenge grant application - GCHD subcontract with WSU: Building Capacity through Environmental Health Promotion.

Nearly all family resource booklets distributed.

Participation in Homeless Task Force regarding Point in Time counts.

Healthy Youth Survey data activities.

Data requests:

- New Hope - agricultural data for grant application;

- Wahluke School District - teen pregnancy, asthma, diabetes for grant application.

MCH assessment training (I-linc).

Participation in January MCH conference call - 2 staff.

###### B. Community level partnership activities

Community Resource Forum - staff routinely participate monthly.

Homeless Task Force participation January and March.

Participation in Domestic Violence Consortium.

Staff attended formative Kiwanis/Healthcare meeting.

Head Start Health and Nutrition Advisory Committee meeting monthly.

Trails Planning Team - monthly.

##### 2. Provide population-based injury prevention services.

Child Death Review: 2 meetings:

- January - 6 participants - reviewed one housefire 2 children and one CO poisoning 1 infant, 2 children:

Recommendation: Continue to promote smoke alarm and battery testing as well as family escape planning.  
Challenging to get message to families. Schools have had firemen talk to kids.

February - 7 participants - reviewed 2 MVA - 1 y/o 16 y/o:

Recommendation: Advocate for a CPS technician to be called to scene.

Law Enforcement sending several officers to tech class. Continue to promote proper car seat use.

Safe Kids Leadership - monthly meetings

2 car seat checks, mock crash planning, 3 emphasis patrols, 1 presentation to community group.

### **3. Provide enabling services to MCH populations through:**

**A. Care coordination for Children for CSHCN** RN coordinator and bilingual (Spanish) outreach worker  
0.8 FTE (0.3 FTE Nurse + 0.5 FTE Outreach worker) provide care coordination for 173 clients/families.

Care coordination primarily response-based (clients call for assistance, outside referrals

Clients call when they need assistance with transportation linkages, other referrals, education;

GCHD makes referrals to outside services for new clients frequently before face to face contact.

ICC meeting quarterly, ICC subcommittee, Parent to Parent meeting, pediatrician staffing meeting.

Staff accompanying dietitians from 2 entities to visit clients in Grant County - 7 separate dates, 10 infant visits, 28 child visits.

**B. Public Health nursing services for high risk or vulnerable populations.**

Workfirst Children with Special Needs Evaluations for DSHS - 6 new, and 1 re-evaluation.

### **4. Provide Oral Health focused public health services through:**

**A. Collecting, use data**

Data utilization in planning for ABCD grant, submitted in past quarter.

**B. Work through partnerships to address oral health issues**

Assembled bulletin boards for OH month for 6 community offices;

Resource exchange with WIC and MSS;

Presentation to Parent-to-Parent organization;

Collaboration with MLCHC Promotoras program.

**C. Develop a program logic model** (completed, is to be updated)

**D. Oral Health education**

OH packets assembled and provided to Maternity Support and B-3 distribution;

Facilitated local dentist office to provide OH education to 109 Kinder, 1st grade students.

**E. School-Based Dental Sealant programs**

Facilitated "Grinovations" into Larson Elementary - 74 screened, cleaned, fluoride, 22 sealants, 22 restorative referrals (2 urgent).

**F. Workforce Development**

### **5. Childcare consultation**

Participation at Childcare Resource & Referral Open House;

Health Educator and Nurse team approach to childcare visits - 2 Mattawa facilities visited;

Participation in Grant County childcare meeting with licensors, Resource and Referral.

### **6. Apple Health / Cover All Kids**

Promoting, facilitating enrollment of children into health coverage, through outreach efforts.

## **IMMUNIZATION PROGRAM**

**Goal: Reduce incidence of vaccine preventable diseases**

### **Objectives:**

#### **1. Coordinate State Vaccine Program**

New immunization coordinator (staff turnover);  
State-level changes upcoming related to budget - Universal distribution to end in July 2010;  
21 outside healthcare providers participating.

#### **2. Assure access to immunizations**

Vaccinations provided by GCHD in response to local varicella outbreaks, regional pertussis outbreaks;  
Adult/child immunization clinic in Ephrata weekly, to transition to monthly in June;  
Adult immunization clinic in Moses Lake weekly;  
Vaccination data for Blue Ribbon funding objectives has shown increases.

#### **3. Promote immunizations for school population**

Partnership with Moses Lake School District to improve school vaccination rates (grant funded project).

#### **4. Promote use of CHILD profile as immunization registry**

Increased use of CHILD profile within agency to generate "immunization due" so capacities can be shared with providers.

## **COMMUNICABLE DISEASE CONTROL / PUBLIC HEALTH EMERGENCY PREPAREDNESS AND RESPONSE (PHEPR)**

**Goals: To protect Grant County residents' health through control of disease and remediation of other public health issues.**

**To support a systems approach for healthcare emergency preparedness and response.**

Disease reporting data for Blue Ribbon Funding objectives has shown improvement.

Need for community provider education regarding Notifiable Conditions reporting, personal visits recommended.

Bi-monthly response team meetings - nurses, sanitarians, emergency preparedness staff, 1 support staff representative. See attached.

Attend monthly meetings of Local Emergency Planning Committees - Ephrata, Quincy, Moses Lake, Warden (less often at Royal Slope).

GCHD has assigned Public Information Officer.

GCHD provides regional coordination of educational opportunities (regional learning specialist).

Monthly participation in regional healthcare coalition and Region 7 public health meetings.

Regional exercise in February focusing on mass casualty (earthquake) - to be extended into functional exercise in May.

Focus on vulnerable populations - Local Emergency Response Coordinator received training on Mental Health Emergency Preparedness.

Continuing to build community capacity to respond through local agreements for public health intervention sites.

Incident Command System utilized in public health events.

46 clients evaluated for TB - no active cases at this time.

Most latent TB infection clients are referred to personal care provider for treatment, some are treated through GCHD.

Continue with monthly outreach TB clinics in Mattawa and Quincy.

Part-time HIV case manager providing case management to 25 clients.

## **TOBACCO PREVENTION**

**Goal: Increase general population health by limiting tobacco use through:**

**Increasing community capacity for tobacco control, preventing initiation and  
Preventing initiation  
Promoting cessation of tobacco use  
Eliminating exposure to second-hand smoke**

Quarterly community tobacco prevention group meetings led by GCHD.  
Collaborative approach with Grant County PARC for retailer education regarding youth tobacco sales provided county-wide in person.  
Collaboration with school prevention specialists to engage youth in tobacco prevention activities.  
Washington DOH Quitline promotion.  
Letter of support for Comprehensive Health Education Foundation grant to reduce tobacco disparities for low income.

**FIT FOR LIFE**

**Goal: Increase general population health and prevent obesity by increasing healthy nutrition/activity behaviors**

Basic Food Nutrition Education Program:

Staff turnover, program activities assumed by existing staff person.

Classes presented in Head Start classrooms, integrating education for families.

Primary emphasis: fruit and vegetable consumption;

Secondary emphasis: healthy eating and physical activity.

Past quarter - 1 location, 6 classes, 17 students - Grand Coulee.

**Respectfully submitted,**

**Peggy Grigg, RN, BSN**

**Director of Personal Health Services / Administrator**

assessment info, not MCH First qtr

OTHER data: BBCC student on Chlamydia; QVMC on diabetes  
BFNEP p/p survey, and identifying food pref change  
regional assessment meeting  
assessment matrix I linc  
epi brown bag