



Grant Public Health - Always Working for a Safer and Healthier Grant County
509-754-6060 or 509-766-7960



“Too much information! What is real?”

INFORMATION OVERLOAD?

It's hard to know what to believe. A pandemic or other public health emergency is a real possibility. Grant County Health District and the health care community are making plans and preparing for public health emergencies.

What do you need to do?

- Practice good health habits. Wash your hands, cough and sneeze into your sleeve, and stay home when you're sick.
- Stock up on food and supplies. Have enough for a week or more.
- Have an emergency plan for your family and your pets.

It's important to plan and prepare.