

Stop the spread of germs

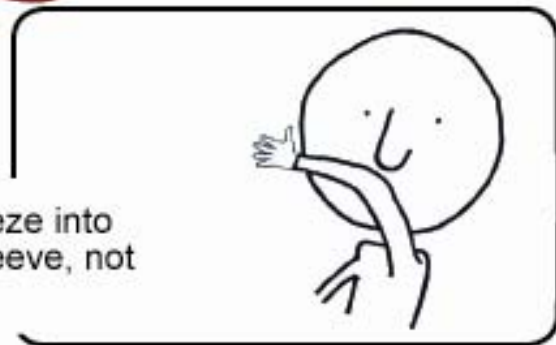
Cover your Cough



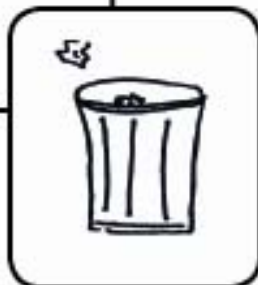
Cover your mouth and nose with a tissue when you cough or sneeze

or

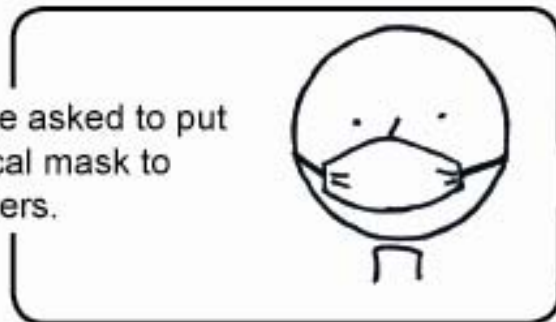
cough or sneeze into your upper sleeve, not your hands.



Put your used tissue in the waste basket.

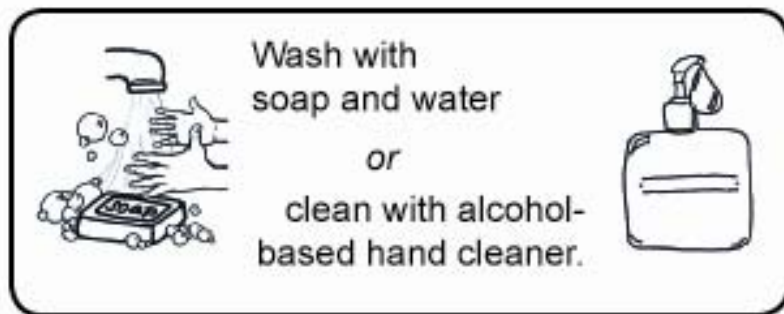


You may be asked to put on a surgical mask to protect others.



Clean your Hands

after coughing or sneezing



Wash with soap and water

or

clean with alcohol-based hand cleaner.



Grant County Health District

509-754-6060 or 509-766-7960

www.granthealth.org

Always Working for a Safer and Healthier Grant County