



# DON'T LET MUMPS SPOIL YOUR FUN



**MMR VACCINATION IS THE BEST PROTECTION AGAINST MUMPS!**

## KEEP FROM SPREADING MUMPS



Don't share drinks or eating utensils



Cover your coughs and sneezes



Stay home when you are sick



Wash your hands often with soap and water



Clean and disinfect surfaces

## SIGNS AND SYMPTOMS OF MUMPS



Mumps is best known for the puffy cheeks and swollen jaw that it causes.



Fever



Headache



Loss of appetite



Muscle aches



Tiredness

**THERE IS NO TREATMENT FOR MUMPS**