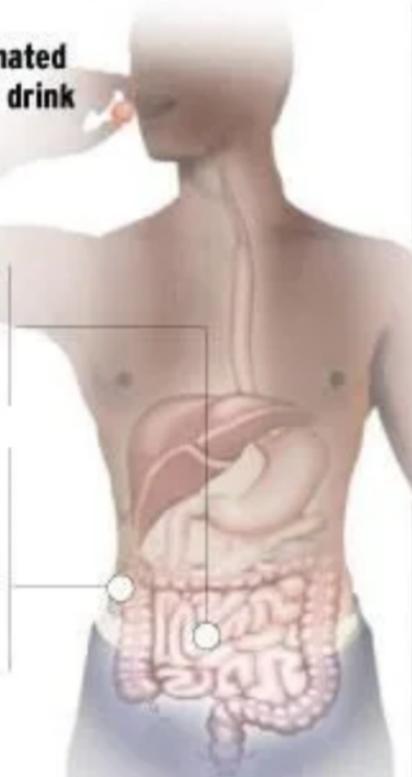


# Salmonella infection

Almost any kind of food or beverage can carry the bacteria that causes salmonella infection, although meat and eggs the most are common sources.

**Contaminated  
food or drink**



## How salmonella progresses

Bacteria travel to small intestine, adhere to lining; begin life cycle

In severe cases, bacteria break through intestinal wall to bloodstream; can be deadly if not properly treated

## Symptoms

**Within 12-72 hours**

Nausea, vomiting, fever, diarrhea abdominal cramps

**4-7 days** Illness ranges from mild to severe; most people recover without treatment

**Severe cases** More likely with infants, elderly, people with impaired immune systems

## Treatment

Oral or injected antibiotics, usually for 2 weeks