Type of Change	Definition	Examples
Policy	Interventions that create or amend laws, ordinances, resolutions, mandates, regulations, or rules	Increasing taxes on cigarettes to discourage purchase and use of tobacco
Systems	Interventions that impact all elements of an organization, institution, or system	Improving school systems, transportation systems, and parks/recreation systems
Environmental	Interventions that involve physical or material changes to the economic, social, or physical environment	Incorporating sidewalks, paths, and recreation areas into community design