

Links to Breastfeeding Resources

Dr. Jack Newman
<https://ibconline.ca>

Kellymom Parenting and Breastfeeding
<https://kellymom.com>

La Leche League International
<https://llli.org>

Droplet-ABC's of Breastfeeding
<https://firstdroplets.com>

Medela
<https://www.medela.us>

Stanford Information and Videos
<https://med.stanford.edu/newborns/professional-education/breastfeeding.html>

LactMed-Medications & Breastfeeding
<https://www.ncbi.nlm.nih.gov/books/NBK501922/>

Office of Women's Health
<https://www.womenshealth.gov/breastfeeding>

WA Paid Family and Medical Leave
<https://paidleave.wa.gov>

Returning to Work
<https://www.dol.gov/agencies/whd/fact-sheets/73-flsa-break-time-nursing-mothers>

Grant County Breastfeeding Coalition

MISSION

Strives to protect, promote, and normalize breastfeeding within our community through education, support, and collaboration.

VISION

Together we can increase the success and duration of breastfeeding.

Breastfeeding works!

Follow us on Facebook and Instagram!



Join us for our upcoming Breastfeeding Coalition meeting! Connect, share, and support each other.

For more information, contact:

Janette Garza, Health Educator @ GCHD
509-770-5081



Partnering with



Moses Lake Breastfeeding Resources

A service of the Grant County Breastfeeding Coalition

Breastfeeding Resources at Samaritan Hospital

Samaritan Hospital Lactation Office

Britney Cranston, CCE, IBCLC
Lydia De Leon, CLC

Samaritan Breastfeeding Support Group
Meets every Thursday, 10 AM-noon at
Samaritan Hospital, 4th floor.

Pregnant and breastfeeding moms are all
welcome. Feel free to call the breastfeeding
helpline for any questions.

Breastfeeding Helpline
509-793-9753

Breastfeeding Classes

Offered as a stand-alone class or as part of
the 5-week Childbirth Education series.

Please call
509-793-9690 for details.

Breastfeeding Supplements

Herbs, Teas & Homeopathic Health Pantry

639 S. Pioneer Way
Moses Lake, WA 98837
509-765-3671

Settler's Natural Market

118 W. 3rd Ave
Moses Lake, WA 98837
509-766-9981

Clinics & Organizations

- MLCHC WIC Nutrition Program 509-766-9815
- MLCHC Maternity Support Services 509-766-8976
- Crossroads Resource Center- Christy, Certified Lactation Counselor, Offering lactation support to families with newborns 509-765-4425

Private Practice Lactation Support

- Alana DeGooyer, CLC, CBE 509-760-3825

Midwifery Birth Options

- Lizzy Bonadies, CNM @ Samaritan Clinic 509-793-9770
- Nicole Anderson, ARNP @ Confluence Health 509-764-6400
- Rebecca Cole, ARNP @ Confluence Health 509-764-6400
- Stacy Purcell, ARNP @ Embrace Women's Health & Midwifery Care 509-707-0212

Birth Centers

- Samaritan Hospital 509-765-5606
- Wenatchee Birth Center 509-663-2770

Home Birth Providers

- April Haugen, CPM 509-566-2020

Doulas

- Reighan Kohl 509-855-0701
<https://www.thelightcollective.co>
- Mariah Montero, DONA Certified-Accepts Medicaid, 509-350-3600

Tongue/Lip Specialist

- Moses Lake Pediatric Dentistry 509-765-2255
- Smile Surfers Kids Dentistry, Kennewick 509-581-4455
Moses Lake 509-431-6003

Body Work for Mom and Baby

- Life Wellness Chiropractic 509-766-8428
- Healing Hands Craniosacral Therapy 509-750-8852
- Take Time Massage, Infant Massage 509-361-3969

Mothers Groups

- Moses Lake MomCo (MOPS) moseslakemops@gmail.com
- Playgroup, Catholic Charities, 509-285-1451
- Baby Story Time, Moses Lake Public Library 509-765-3489

Breast Pumps and Supplies Through Insurance

The Affordable Care Act requires your insurance company to provide coverage of pumps and breastfeeding support. You will need a prescription from your doctor or midwife.



Norco
509-766-2494

Aeroflow Breast Pumps
1-844-867-9890
<https://aeroflowbreastpumps.com/breast-pumps/>

PMSI
1-800-578-2260
<https://www.pacificmsi.com/>

Byram Healthcare
1-877-773-1972
<https://breastpumps.byramhealthcare.com>

WIC provides breast pumps to eligible WIC clients, depending on the situation/need.

Breastfeeding Peer Counselors

Loving Support Makes Breastfeeding Work!

Available 24/7 to WIC clients. Call to speak with an experienced breastfeeding mother.

509-989-6972
509-750-8714

